




NutraCulture™
the culture for healthy living

Englina™

A PRODUCT OF HASH BIOTECH LABS PRIVATE LIMITED
ENERGY & ENDURANCE

NUTRITION + ENERGY
+ STAMINA =



NutraCulture™
the culture for healthy living

Englina™



ENERGISE YOUR BODY
with complete nutrition

**Absolute
ENERGY**

**Food
SUPPLEMENT**





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NutraCulture™ Englina™ is a natural dietary supplement and a premium nutritional food, having a unique combination of Phycocyanin enriched *Spirulina*, natural *Panax ginseng* extract with high concentration of ginsenosides and natural *Embilica officinalis* (amla) extract. It is a complete food for NUTRITION & ENERGY. NutraCulture™ Englina™ is a vegetarian source of vitamin B12 and contains highest amount of vegetarian proteins, vitamin C, fibers, minerals, Gamma-Linolenic Acid (GLA) and ginsenosides.

NutraCulture™ Englina™ contains antioxidants like β -carotene, Phycocyanin, Ginsenosides, Vitamin-C and SOD (Superoxide dismutase) which are capable of scavenging oxidizing free radicals, thus keeping the body revitalized and the immune system strong & healthy.

CONSUMPTION OF NUTRACULTURE™ ENGLINA™ IN YOUR DIET

- Enhances energy levels
- Improves mental ability
- Relieves chronic fatigue
- Controls appetite & obesity
- Reduces anxiety and stress
- Provides complete nutrition with high protein value
- Improves cognitive functions and gives sense of wellness

THE SCIENCE OF NUTRACULTURE™ ENGLINA™

SPIRULINA

Spirulina, a super nutritional food, is the richest whole food source available in nature. Spirulina is globally known as “food for the future” because of its amazing ability to synthesize high quality concentrated food more efficiently than any other natural food. This tiny aquatic algae offers up to 70% of plant protein, essential vitamins, phytonutrients such as β -carotene, rare essential fatty acid GLA and polysaccharides, thus improving stamina, energy and endurance.



NUTRITION

EMBLICA OFFICINALIS (AMLA) EXTRACT

Embilica officinalis is one of the most widely used herbs in Ayurveda. It is the highest known natural source of Vitamin C, approximately twenty times higher than an orange. Amla contains high amount of 'Superoxide Dismutase' and Vitamin C, which have strong antioxidant properties and help to combat free radicals in the body thereby enhancing the immune system and detoxifying the body.



PANAX GINSENG EXTRACT

Panax ginseng is a medicinal herb whose main active component is Ginsenoside, which is known to show adaptogenic properties as it helps to improve immune system, reduces stress and provides extra energy to the body. Ginseng enhances mental and physical recovery from fatigue, regulates blood pressure and aids blood circulation. It also enhances overall cognitive functions of the human body.



KEY COMPONENTS

SPIRULINA	EMBLICA OFFICINALIS EXTRACT (AMLA)	PANAX GINSENG EXTRACT
Protein	Vitamin C	Ginsenosides
Carbohydrates	Iron	Oleanic Acid - Anti-inflammatory
Minerals	Fiber	Phenols - Antioxidants
Phycocyanin	Magnesium	Vitamins - B12, B3, Biotin etc
GLA Fatty acid	Phyllembin	Amino acids - Proline, valine, phenylalanine
β -Carotene,	Tannins	Minerals - calcium, potassium etc
Vitamin B6, B12	Superoxide dismutase	
Essential amino acids,	Gallic acid, Ellagic acids etc	
Superoxide dismutase		

HEALTH BENEFITS

ENERGY AND STAMINA

Spirulina, Amla and Ginseng work synergistically to increase the uptake of blood glucose by cells in the brain and other vital organs of the body. NutraCulture™ Englina™ provides long lasting high energy which improves stamina and increases endurance in athletes and sportspersons. The concentrated nutritional value and easy digestibility makes NutraCulture™ Englina™ an energy supplement.

ENERGY

ANTI AGEING

NutraCulture™ Englina™ is a natural anti-ageing food. The free radicals present in the body disrupt the structure of cell molecules and result in cellular damage. Such damage is believed to contribute to ageing. High levels of antioxidants present in NutraCulture™ Englina™ help to neutralize these free radicals, thereby preventing cellular damage.

STRESS AND HYPERTENSION

NutraCulture™ Englina™ contains approximately ten times more potassium than common vegetables. This helps to control hypertension by regulating the potassium-sodium ion balance in the body. Moreover, NutraCulture™ Englina™ contains Ginsenosides which helps lower blood pressure via release of nitric oxide (NO). Nitric Oxide has a profound effect in dilating arteries and blood vessels.

BODY REVITALISER

NutraCulture™ Englina™ is a very good source of energy and nutrients like iron, magnesium and trace minerals which are easy to absorb. It is an attractive supplement especially for athletes. *Spirulina* is rich in natural carotenoids and antioxidants that promote cellular health.

IMMUNITY

NutraCulture™ Englina™ works by strengthening the immune system, making the body produce more red and white blood cells and provides protection against microbes. It shields a person from the negative effects of lifestyle stress, pollution, chemicals and diseases.

CARDIOVASCULAR FUNCTION

Phyllembin, an active component introduced in NutraCulture™ Englina™ from *Emblica officinalis* (amla) may act on cardiovascular and other systems. It produces coronary dilation and peripheral vasoconstriction which control the amount of blood flow through heart and skin.

NutraCulture™ Englina™ significantly increases the activity of Lipoprotein Lipase (LPL), a key enzyme which helps to metabolize TG-rich lipoproteins, thereby helping in the reduction of blood cholesterol levels, particularly LDL type.

COGNITIVE FUNCTION

Antioxidants present in NutraCulture™ Englina™ scavenge free radicals from attack on the myelin sheath and thus prevent neuron damage. It results in better cognitive functions such as vision, hearing, thinking and memory power.

IMMUNITY

WHO SHOULD CONSUME NUTRACULTURE™ ENGLINA™?

NutraCulture™ Englina™ is a unique formulation. It is widely recommended for:

- Athletes and sportspersons
- People afflicted by fatigue
- Those having a heavy work load
- Strengthening the immune system
- Those who are health conscious
- Those who want to improve their stamina
- Those lacking optimum energy levels
- Those who feel sleepy and cannot concentrate
- Those who are involved in tough physical and mental activities

DIRECTIONS

- NutraCulture™ Englina™ can be taken after the meals any time during the day, preferably after breakfast.
- NutraCulture™ Englina™ can be taken by everybody over 12 years of age and is also suitable for diabetics.

RECOMMENDED DOSAGE

- The intake should be 3-4 tablets per day.
- NutraCulture™ Englina™ is completely safe and can be consumed daily.
- A regular course of NutraCulture™ Englina™ takes care of your daily nutritional requirement, energy level and keeps your body healthy.

ADVISORY

Consult your family physician before taking any food or dietary supplement.

CERTIFICATIONS:



ISO 9001:2008

ENERGISER

BODY REVITALISER

IMMUNITY ENHANCER

POWER BOOSTER

ENERGY & ENDURANCE



ENGLINA HELPLINE

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